

# Πηγές Ενέργειας

Σπυρίδων Χριστοδούλου

ΧΕΙΡΟΥΡΓΟΣ

## Types of Energy Used for Surgery

- ✓ *Laser*
- ✓ *Radiofrequency (RF)*
- ✓ *Microwave*
- ✓ *Ultrasound*
- ✓ *True cautery*

## Types of Energy Used for Surgery

✓ *Laser*

✓ *Radiofrequency (RF)*

✓ *Microwave*

✓ *Ultrasound*

✓ *True cautery*

## Objectives

- ✓ *Understand nomenclature involved in RF electrosurgery*
- ✓ *Identify the basic function of an electrosurgical generator or unit (ESU)*
- ✓ *Identify differences between monopolar and bipolar instruments*
- ✓ *Know how RF energy causes effects in cells and tissue*
- ✓ *Identify the different effects of ranges of temperatures on cells and tissues*

## How does RF Electrosurgery work?

**Alternating current applied to cell  
continually switching polarity**



**Intracellular ions oscillate**



**Results in frictional forces  
that elevate cell temperature**



**Used to create cellular and tissue effects Vaporization,  
Desiccation/Coagulation, Fulguration**

## How does RF Electrosurgery work?

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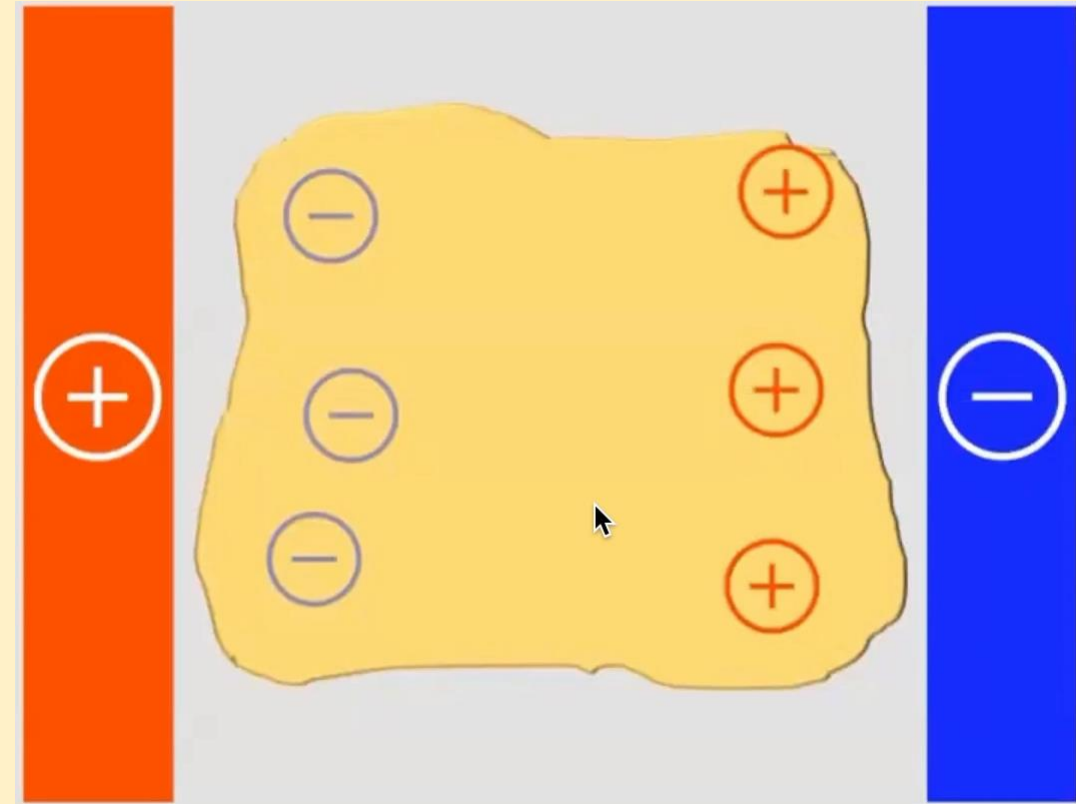
Intracellular ions oscillate



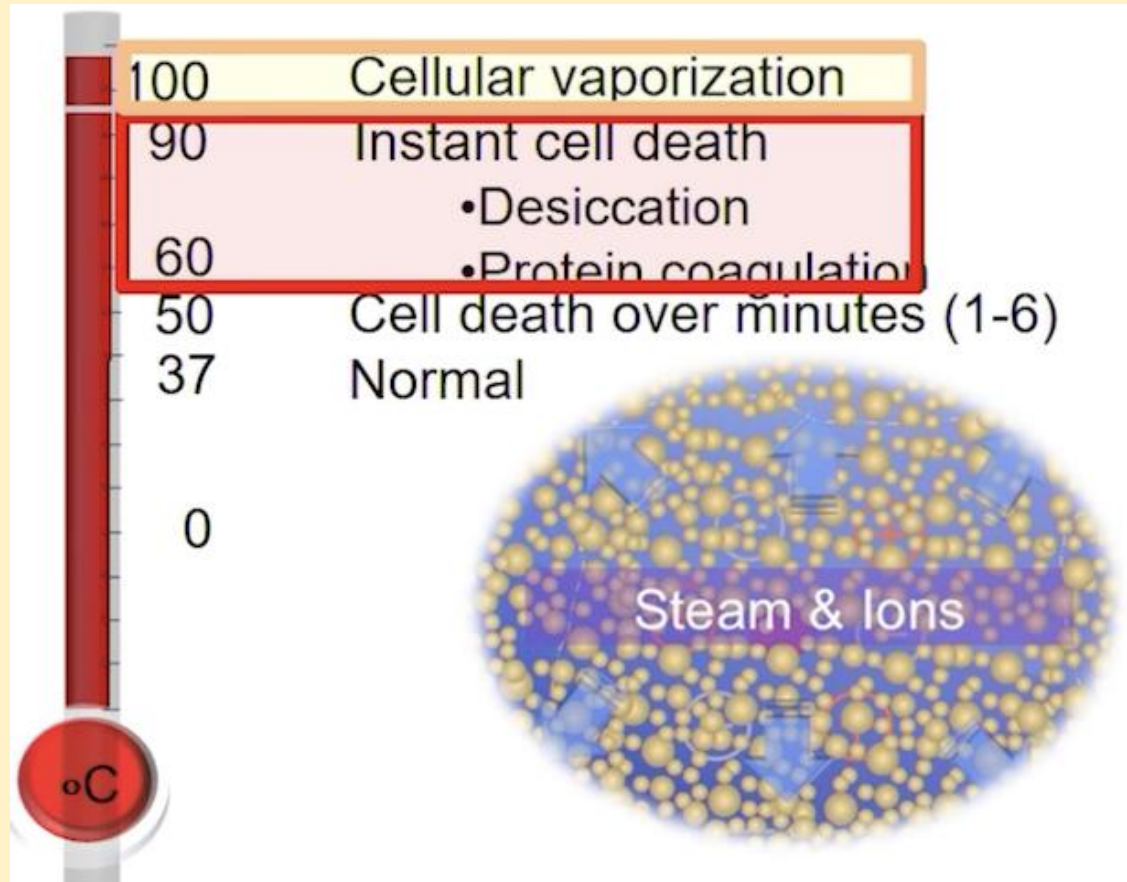
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## Temperature and Cellular Impact



## Electrosurgical Unit (ESU):

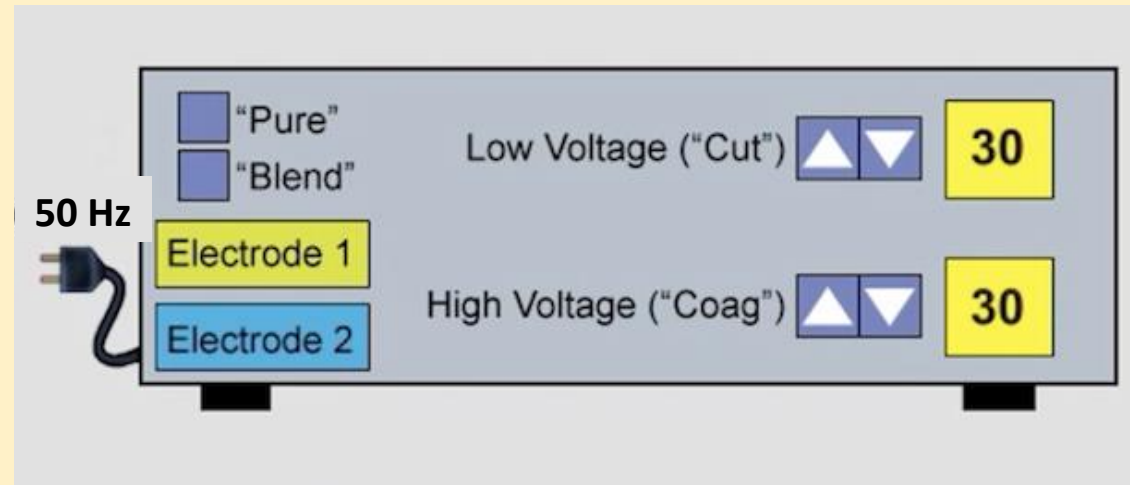
What does it do?





## Electrosurgical Unit (ESU):

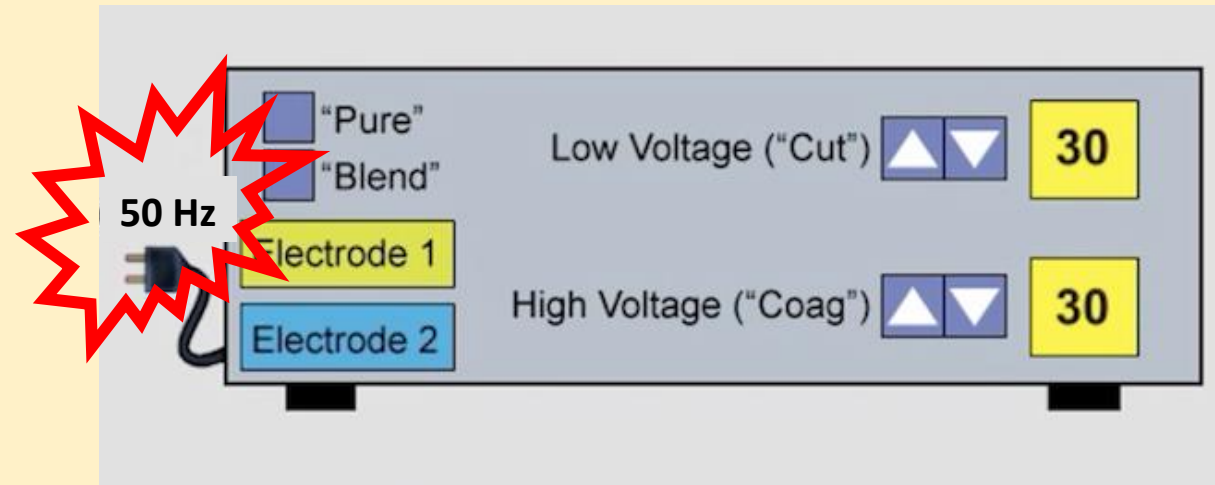
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# Principles of Electrosurgery

## Electrosurgical Unit (ESU):

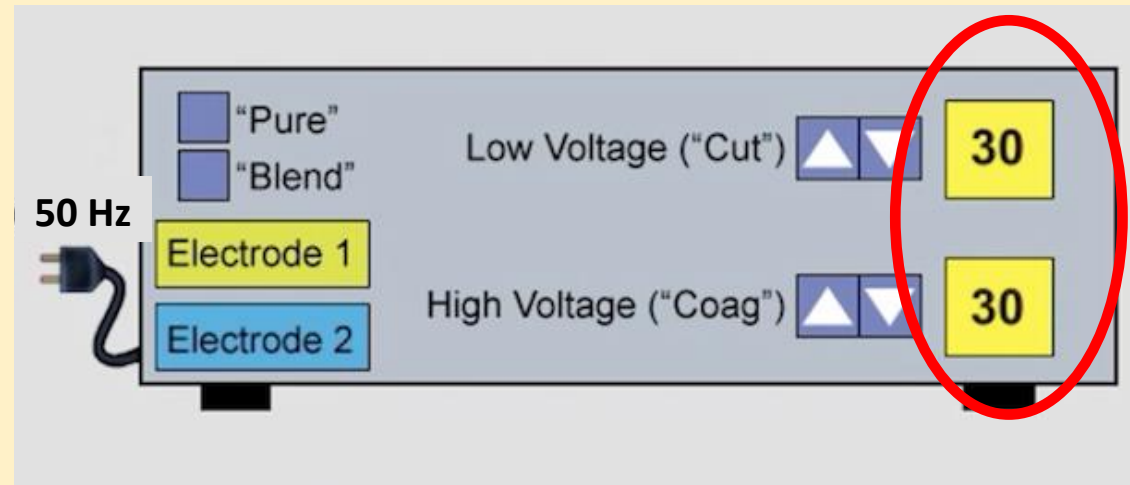
What does it do?



Conversion of low frequency wall output (50 Hz)  
to RF output (~500 000 Hz)

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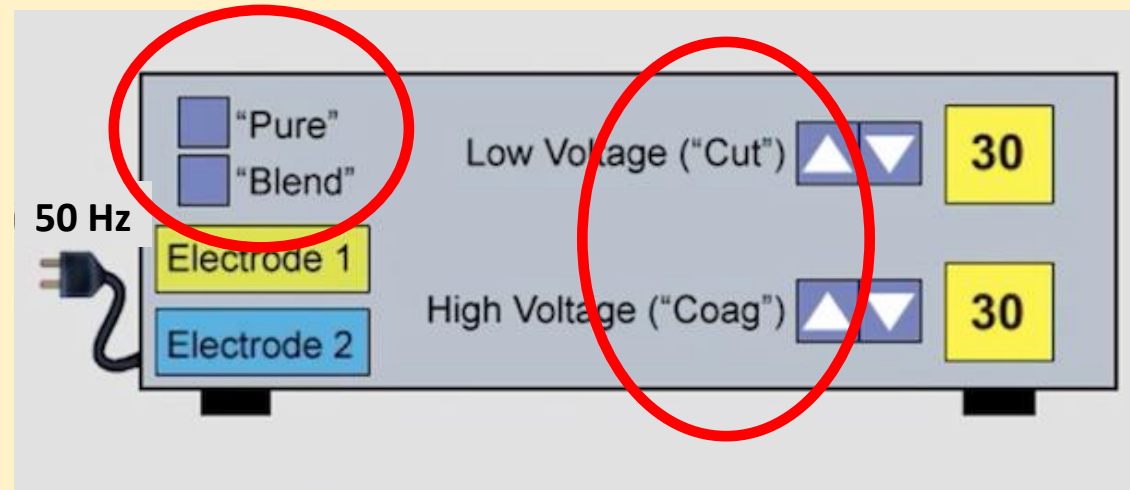
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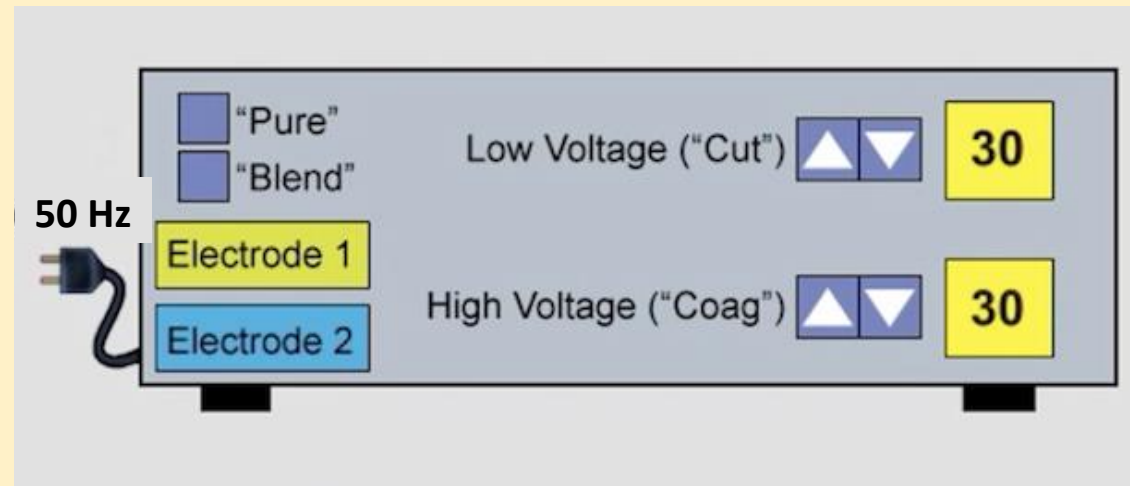
What does it do?



- ✓ Conversion of low frequency wall output (50 Hz) to RF output (~500 000 Hz)
- ✓ Control of duty cycle

## Electrosurgical Unit (ESU):

What does it do?



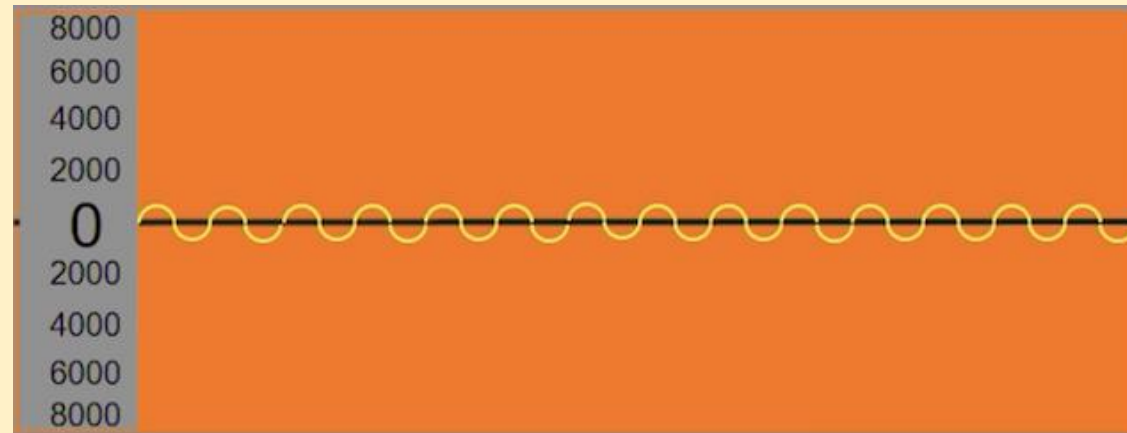
**All currently produced ESUs create isolated circuits**

## Basic Waveforms: **Cut**

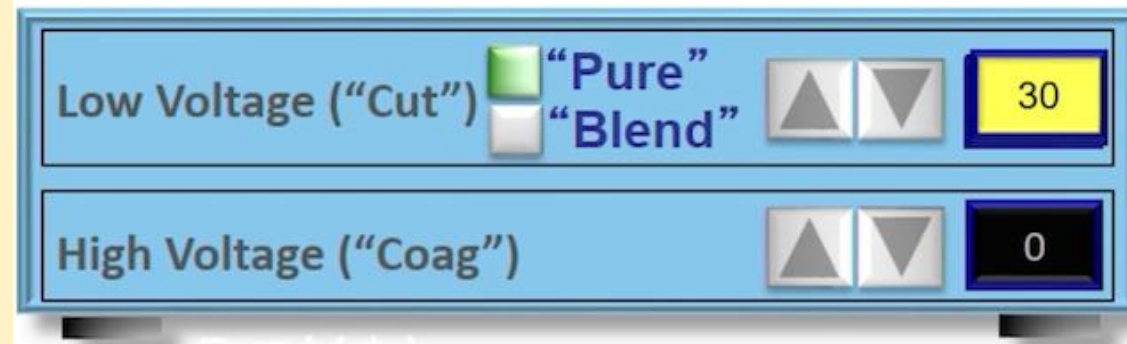


# Principles of Electrosurgery

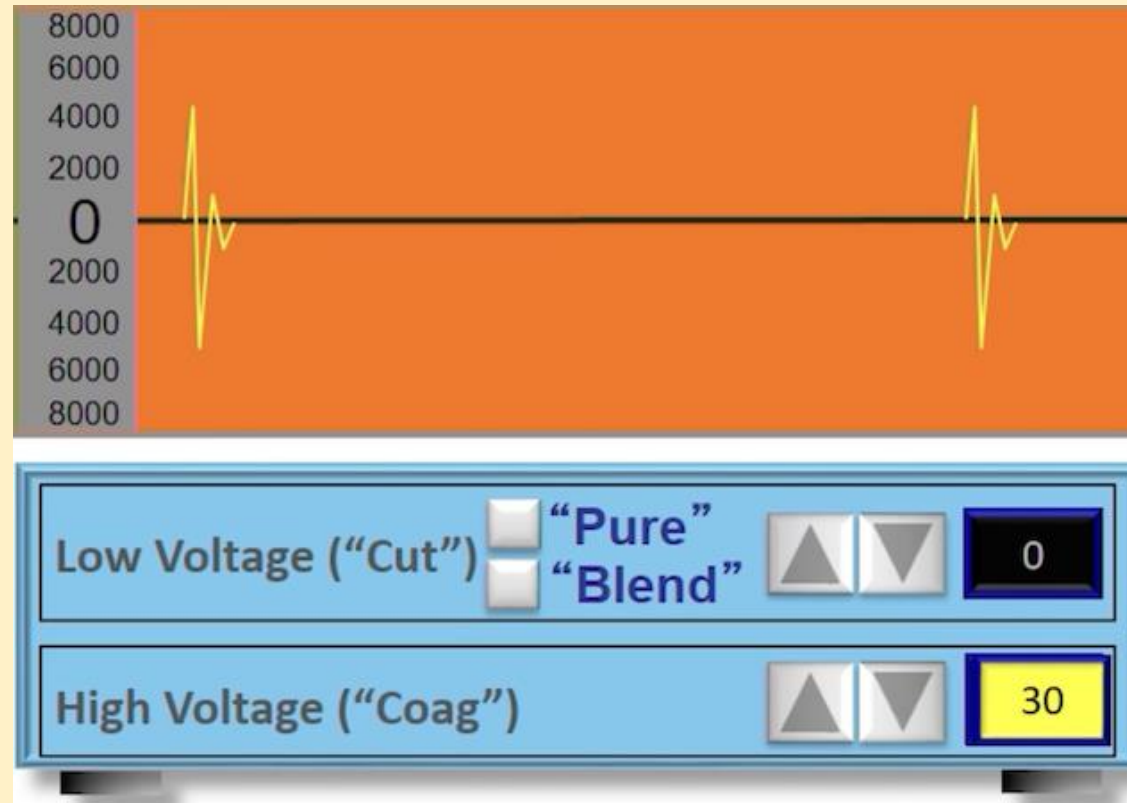
## Basic Waveforms: **Cut**



**Continuous**  
**Relatively low voltage**



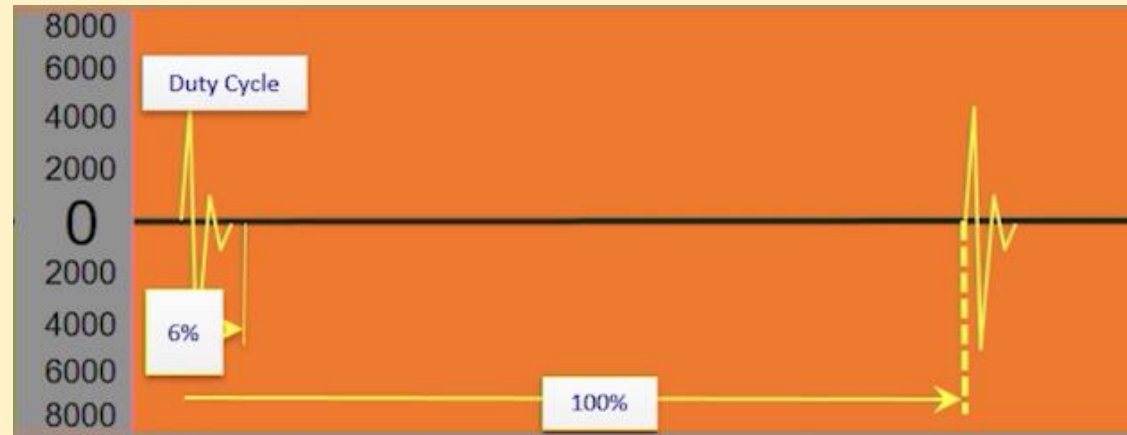
## Basic Waveforms: **Coag**



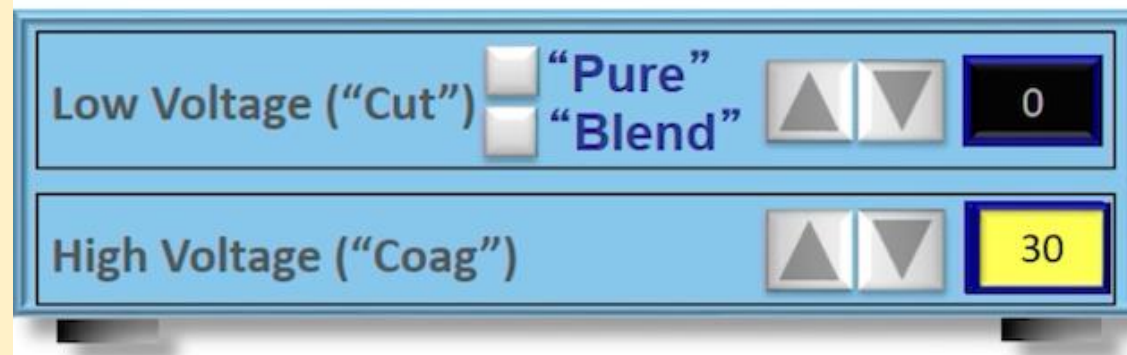


# Principles of Electrosurgery

## Basic Waveforms: **Coag**



**Interrupted**  
**Current only "on" ~6%**  
**Relatively high voltage**

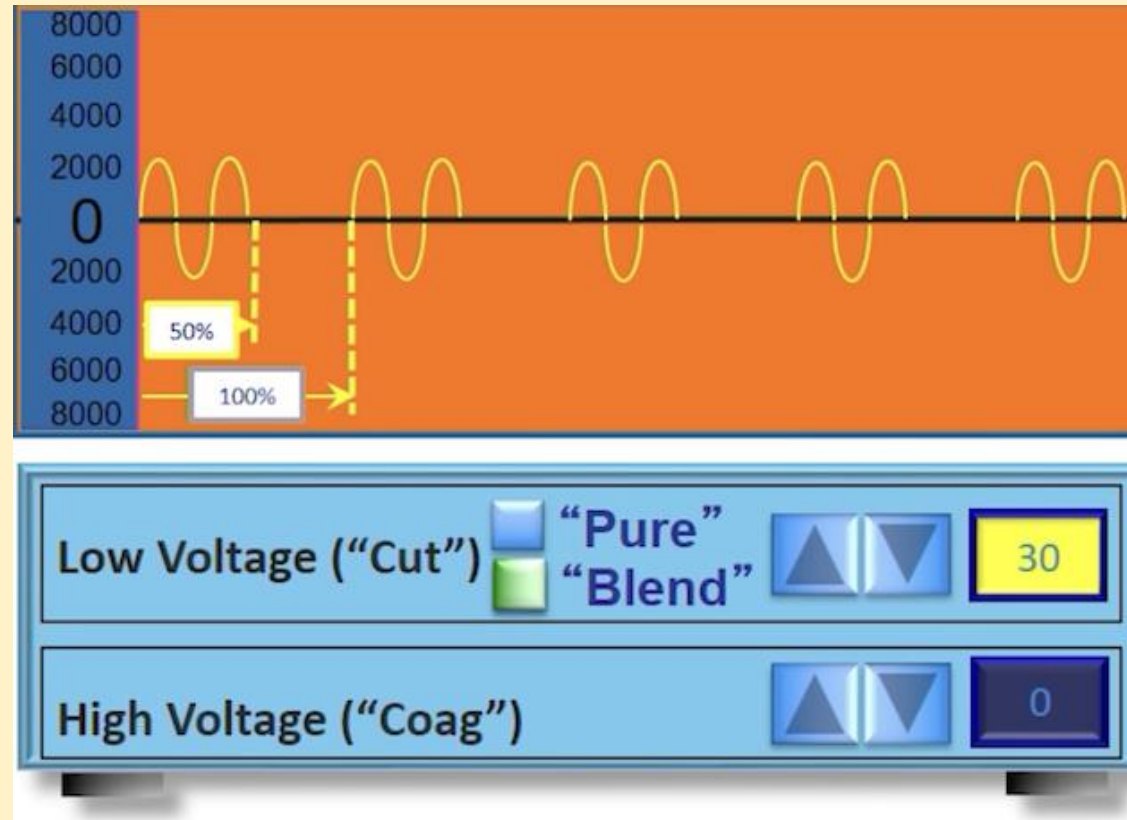


## Basic Waveforms: **Blend**



# Principles of Electrosurgery

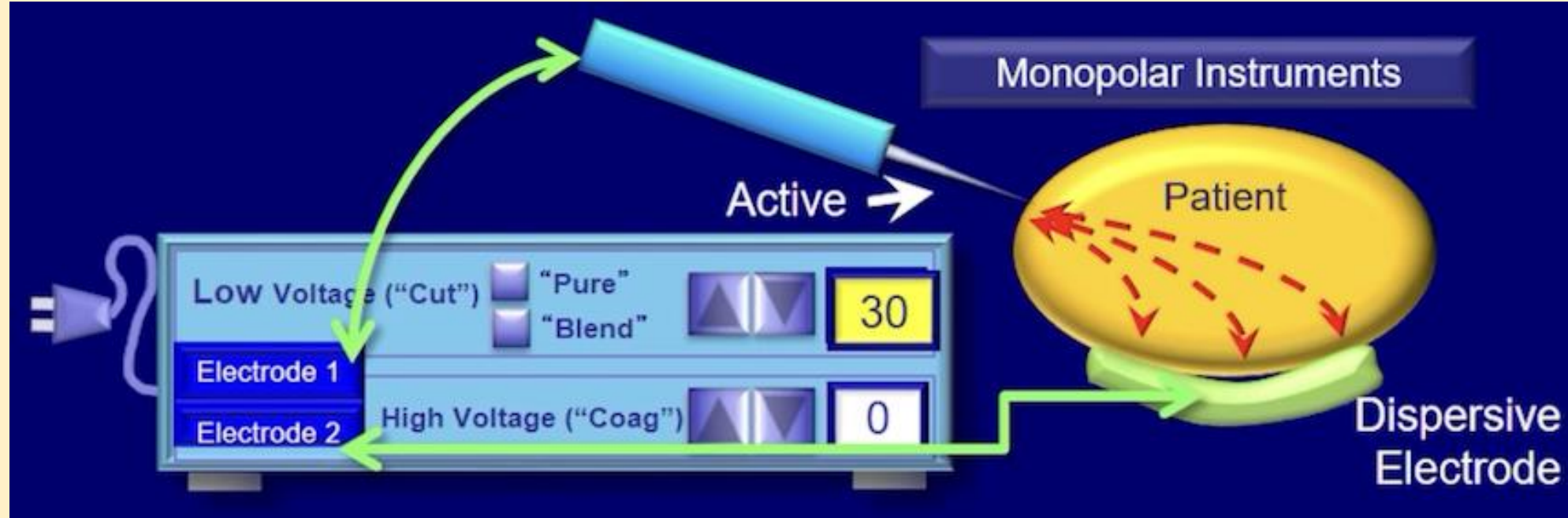
## Basic Waveforms: **Blend**



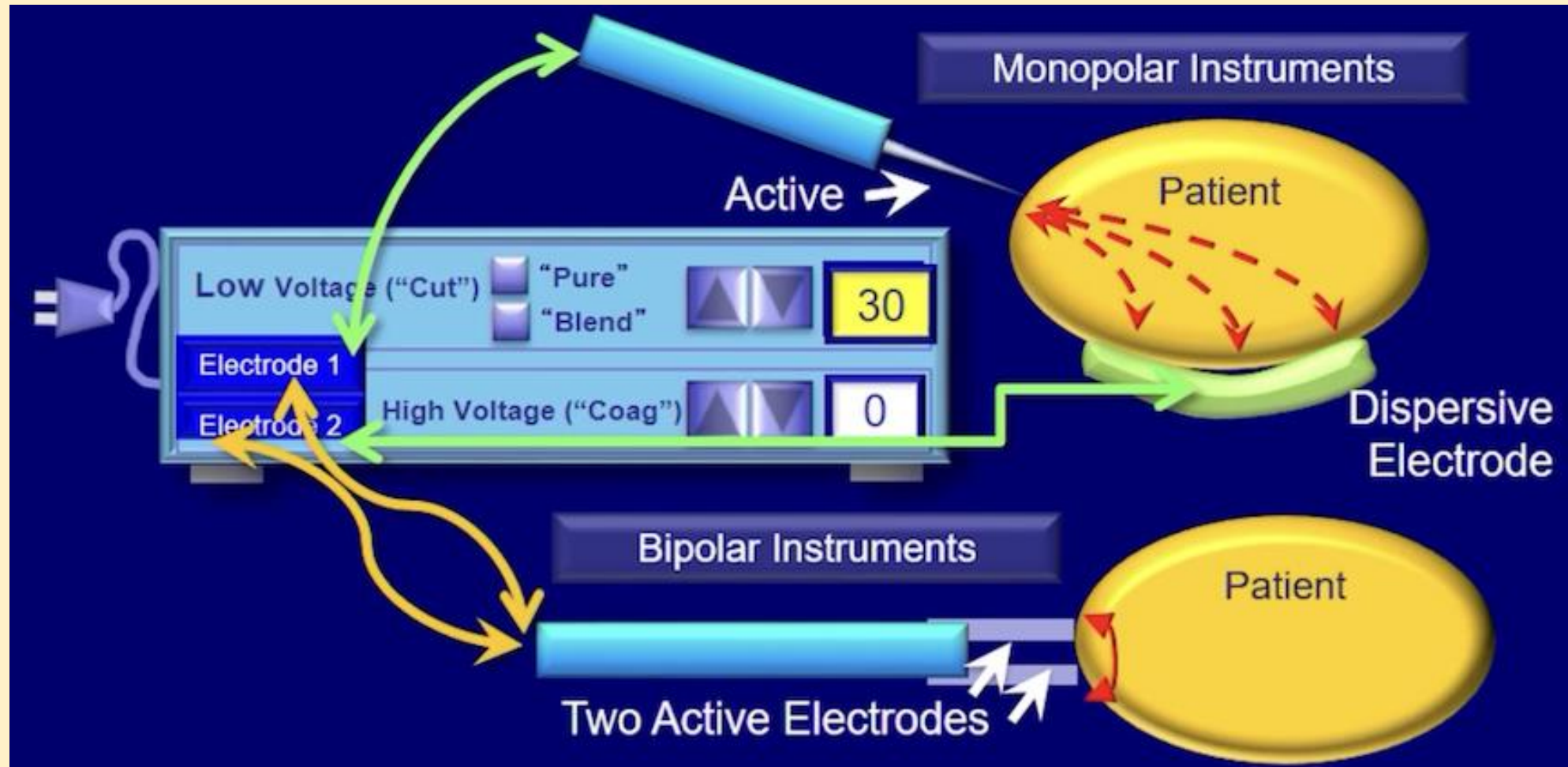
**All RF Electrosurgery is "Bipolar"**

**... What differentiates systems is location and purpose of the second electrode**

## Monopolar vs Bipolar Instrumentation

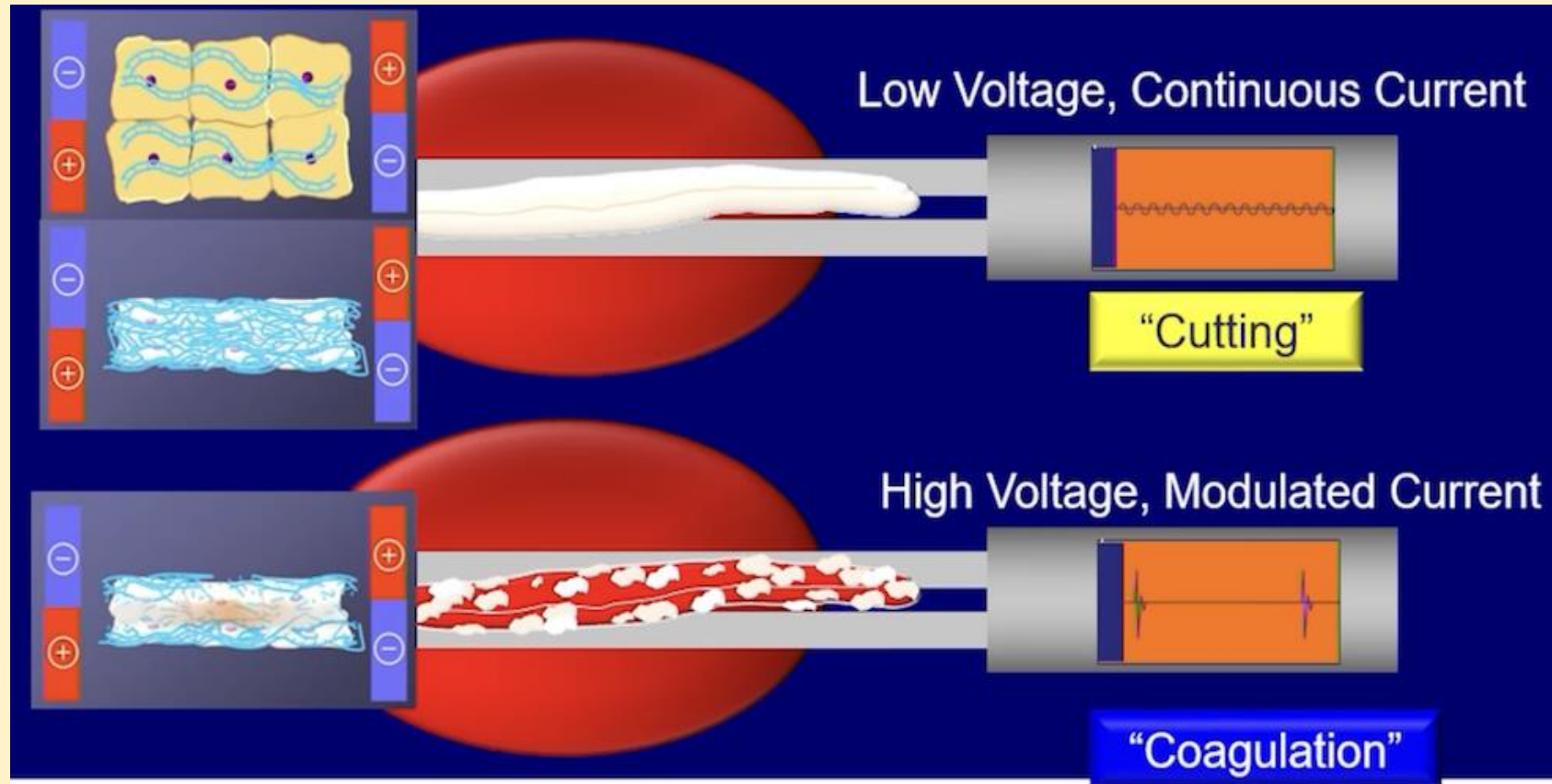


## Monopolar vs Bipolar Instrumentation





## Effect of Voltage & Modulation on Seal Quality



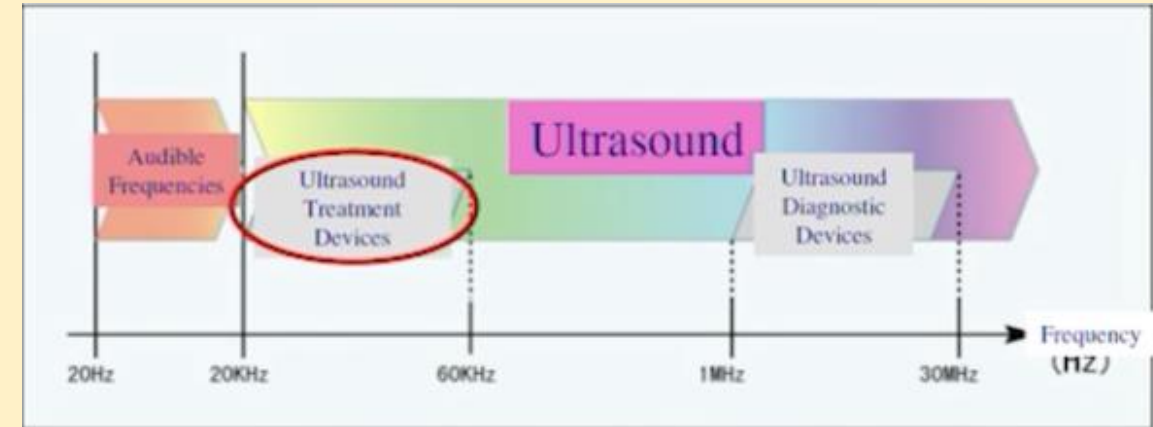
# Principles of Electrosurgery





## Definition:

Energy transported through a material via motion or disturbance of the material (i.e. vibrations!)



## Classification:

- ✓ <20 Hz                      Subsonic (can be felt)
- ✓ 20 Hz - 20 000 Hz              Sound (can be heard)
- ✓ >20 000 Hz              Ultrasound (dogs and bats can hear)

**Ultrasonic shears: 23,500 Hz (Olympus) - 55,500 HZ (Ethicon, Covidien, Olympus)**

## Ultrasound Energy: Why?

- ✓ **No electrical circuit needed**
- ✓ **Advantages**
  - *No need for "dispersive electrode"*
  - *No electricity in shaft of instrument*
  - *No risk of stray electrical injury*
  - *No electrical interference to monitors, etc.*

**But**

**You still need to be careful of thermal Injury!**

## Ultrasound Energy: How Does it Work?

### Mechanism: friction & shock waves

#### 1. Friction between jaws:

- ✓ *Heat coagulates vessels*
- ✓ *Mechanical disruption*

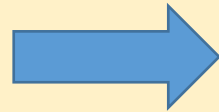
#### 2. Shock waves:

- ✓ *cavitation (low pressure vaporizes fluid -spray)*
- ✓ *Cuts tissue*

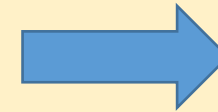


## Path of Energy: Electrical to Mechanical

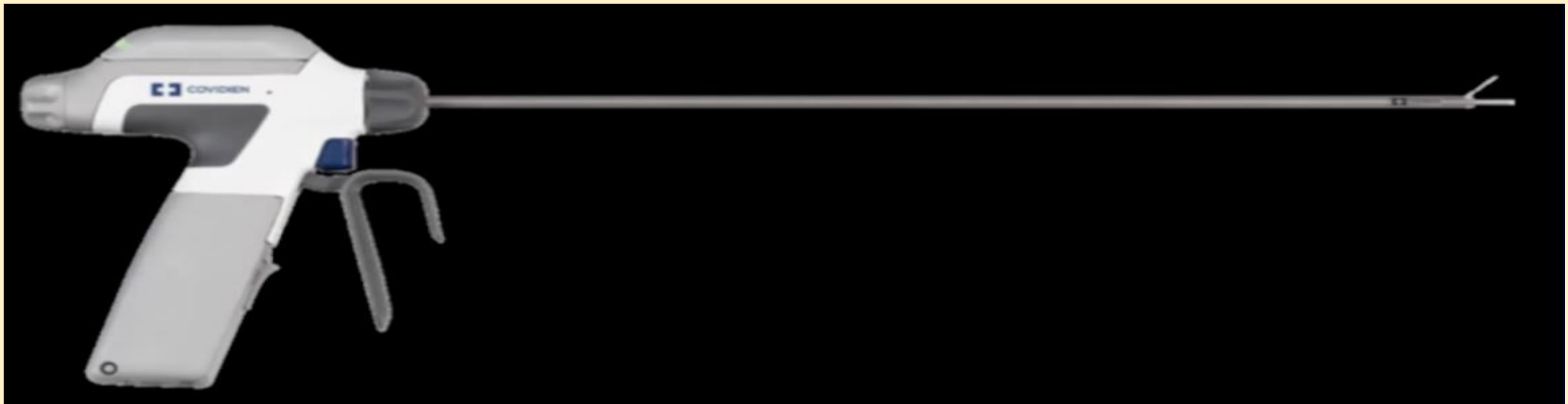
**Controller Box  
or Battery:**  
*Electricity  
(alternating  
current)*



**Handpiece:**  
*Converts  
Electricity to  
Mechanical  
Energy (U/S)*



**Shaft & Tip of  
Instrument:**  
*Mechanical  
Energy Only*



## Ultrasound Generator: A Voltage Converter

### Working Principle

The generator sends an electrical signal of 23.5 or 47 kHz to the transducer

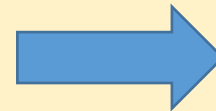


## How to Generate Ultrasound Energy

### Working Principle

The transducer converts the electrical signal into an ultrasonic stationary wave

**Electrical Wave**  
*23000-47000 Hz*  
*1000 V*



**Mechanical Wave**  
*23000-47000 Hz*  
*0.08-0.2 mm*



## Ultrasound Power Settings

- ✓ **Usually 2 settings: Max & Min**
- ✓ **Essentially a "volume control" - amplitude of vibrations**
- ✓ **Max setting - higher amplitude waves**
  - ✓ *Cuts quickly (possible more bleeding)*
  - ✓ *Less time for thermal coagulation*
- ✓ **Min setting - lower amplitude waves**
  - ✓ *Can be "fine-tuned" by user from 1-5*
  - ✓ *Cuts slower, so more time for vessel sealing by thermal energy*
  - ✓ *Also, more time for thermal spread, collateral injury*

## Cutting vs Coagulation

### Cutting is enhanced by

- ✓ *Squeezing blades together (this may be limited by your handle)*
- ✓ *Lifting up so more pressure on metal blade*
- ✓ *"Turning up the volume" (use Max, not Min)*



## How Does It Seal Vessels?

- ✓ **Vessel walls must be compressed together (requires closure of jaw)**
- ✓ **Protein in vessel wall denatures and forms sticky coagulum**
- ✓ **Vessels walls adhere together after energy source is removed**

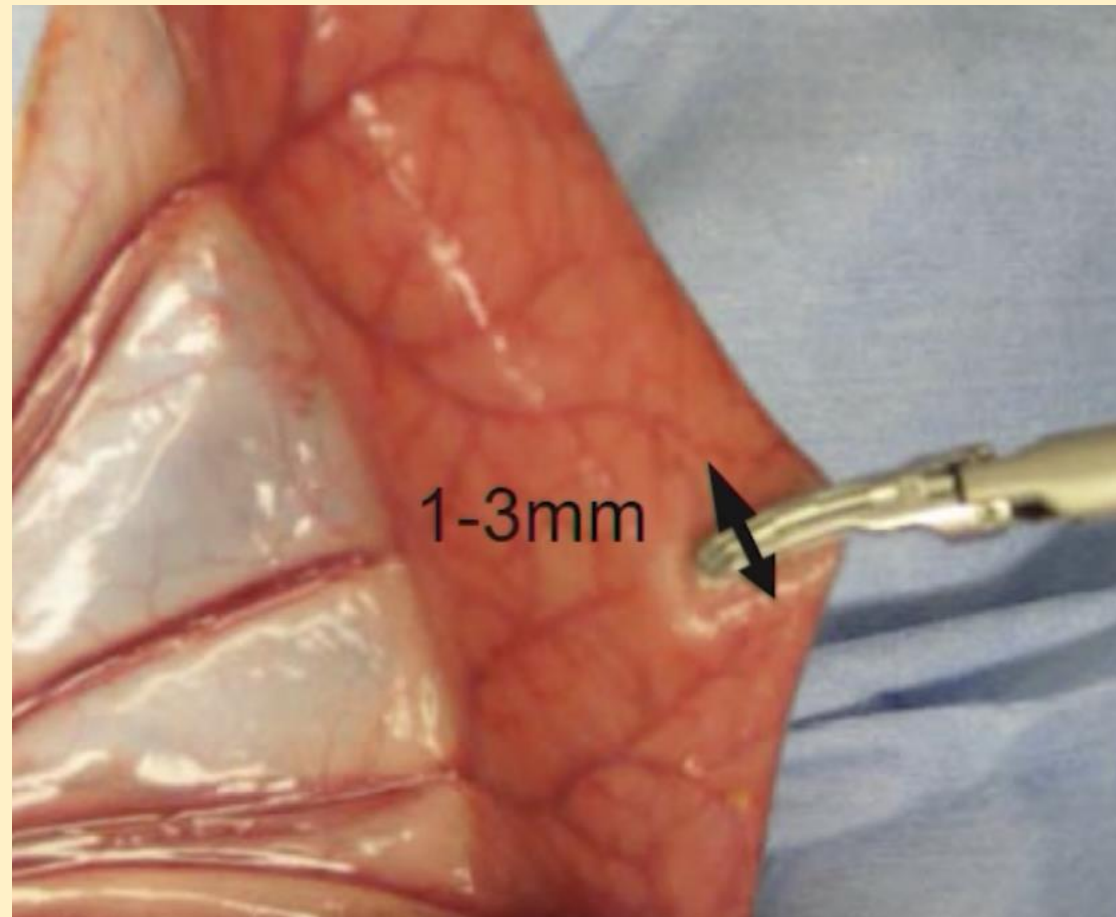
## Heat Production and Thermal Spread

	Mean Peak Active Blade Temperature (°C ± SD) <sup>10</sup>	Mean Active Blade Cool Down Time to 60°C (sec ± SD) <sup>10</sup>	Mean Thermal Spread (mm ± SD) <sup>8</sup>	Mean Seal Time (sec ± SD) <sup>9</sup>
Sonicision™	263.1 ± 18.8	37.6 ± 4.4	1.44 ± 0.5	8.40 ± 3.60
ACE+™*	266.3 ± 20.2	37.4 ± 5.8	1.25 ± 0.2	8.12 ± 3.74
P-Value	P = 0.771	P = 0.704	P = 0.100	P = 0.62

*Covidien pre-clinical comparative testing between the Sonicision™M device and the Harmonic ACETM\**

- ✓ **Heat production of more than 200 °C**
- ✓ **Lateral thermal spread of 1.5 - 3 mm**

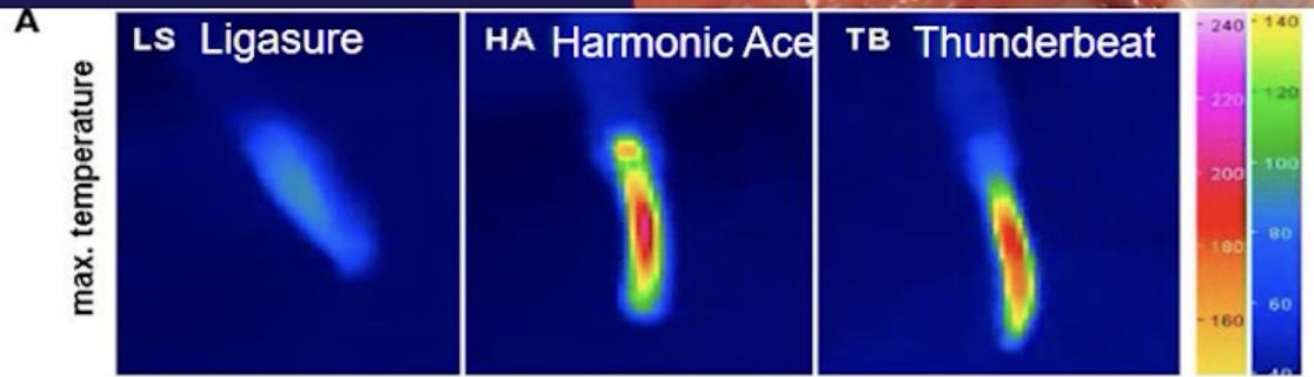
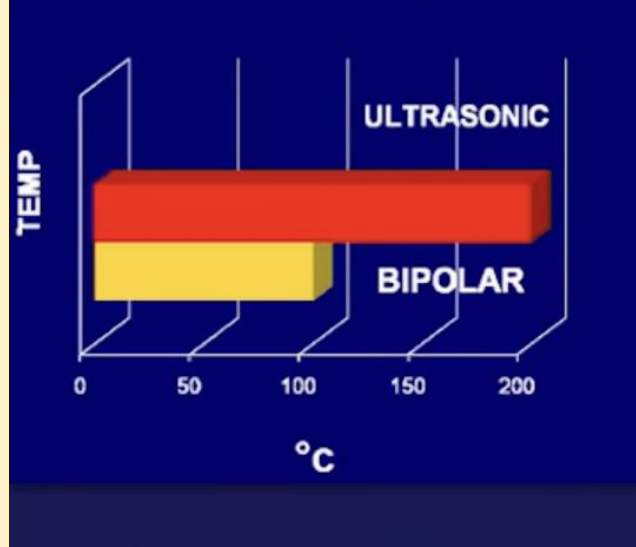
## Lateral Thermal Spread: During Activation



# Ultrasonic Energy Systems

## Residual Heat Injury: After Activation

Blade activation temperatures





## Evidence

### Evaluation of Surgical Energy Devices for Vessel Sealing and Peripheral Energy Spread in a Porcine Model

Gregory W. Hruby, Franzo C. Marruffo, Evren Durak, Sean M. Collins, Phillip Pierorazio, Peter A. Humphrey, Mahesh M. Mansukhani and Jaime Landman\*,†

*From the Departments of Urology (GWH, FCM, ED, SMC, PP, JL) and Pathology (MMM), Columbia University Medical Center, New York, New York, and Department of Pathology, Washington University (PAH), St. Louis, Missouri*

### Bipolar

- ✓ *Artery: 536 mm Hg, Vein 386 mm Hg*
- ✓ *Up to 7 mm vessels*

### Ultrasonic shears burst pressure

- ✓ *Artery 436 mm Hg, Vein 160 mm Hg*
- ✓ *Most Up to 5 mm vessels, although some available for 7mm vessels*

## Industry Sponsored Testing

### Median burst pressures\* in sealed small and large vessels

Ex vivo porcine carotid arteries

VESSEL DIAMETER	LIGASURE™ 5MM BLUNT TIP (LF1537) DEFAULT POWER LEVEL	HARMONIC ACE®+7 ADVANCED HEMOSTASIS MODE	P-VALUE
3-5 mm	836 mmHg	<b>1,314 mmHg</b>	0.001
5-7 mm	591 mmHg	<b>1,419 mmHg</b>	<0.001

(Mann-Whitney test) Note: LigaSure (Covidien, Mansfield, MA, USA)

## Take-Home Points: Ultrasonic Devices

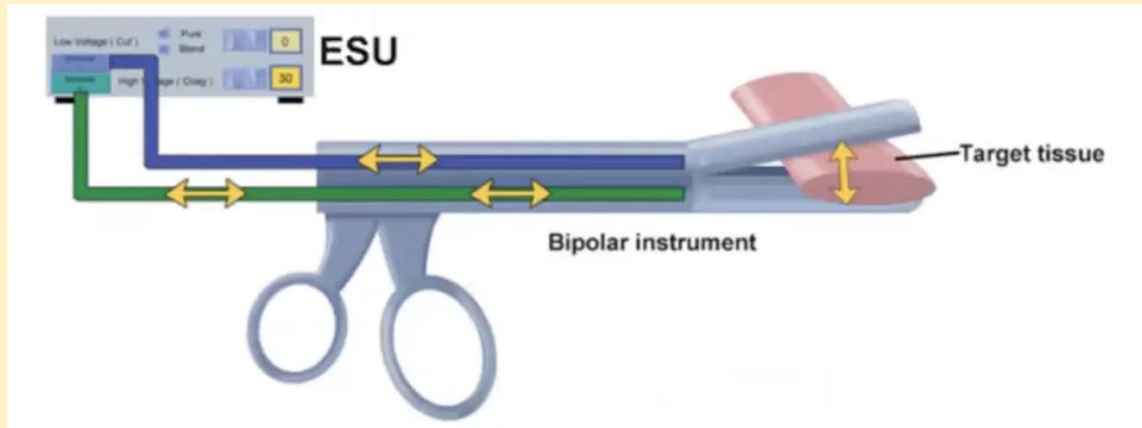
### Advantages

- ✓ *Versatile device*
- ✓ *No electricity in patient*
- ✓ *No dispersive electrode*
- ✓ *Vessels are sealed, 5-7mm*
- ✓ *Minimal spread of energy*
- ✓ *No char, so no smoke*

### Disadvantages

- ✓ *Creates spray*
- ✓ *Heat retained in shaft of instrument*
- ✓ *Vascular sealing affected by technique (Min, max and lifting)*
- ✓ *Not as good at vessel sealing as advanced bipolar (that ability is evolving)*
- ✓ *Can be more expensive*

## THE RIGHT TOOL FOR THE RIGHT JOB: WHAT IS THE EVIDENCE?



Ultrasonic	Adv Bipolar
Harmonic	Ligasure
Sonicision	Enseal
	Voyant
Thunderbeat	



## THE RIGHT TOOL FOR THE RIGHT JOB: WHAT IS THE EVIDENCE?

Ultrasonic Instruments		Bipolar Vessel Sealer
	I. BURST PRESSURE	
Equal	Vessels $\leq$ 5 mm	Equal
Inferior	Vessels 6-7 mm	Superior
	II. THERMAL DAMAGE	
Superior		Inferior
	III. RESIDUAL HEAT	
Inferior		Superior
	IV. DISSECTION	
Superior		Inferior
	V. COST	
Equal		Equal

*Lamberton GR, Hsi RS et al. J Endourol (2008) 22: 2307.*  
*Person B, Vivas DA et al. Surg Endosc (2008) 22: 534*  
*Govekar HG, Robinson 11V et al. Surg Endosc (2011) 25: 3499*  
*Kim FJ, Chammas MF et al. Surg Endosc (2008) 22: 1464*  
*Govekar HG, Robinson TN et al. Surg Endosc (2011) 25: 3499.*  
*Noble EJ, Smart HJ et al. Br J Surg (2011) 98: 797*  
*Hruby GW, Marruffo FC et al. J Urol (2007) 178: 2689.*

# Current Diversion

**Insulation fallure**

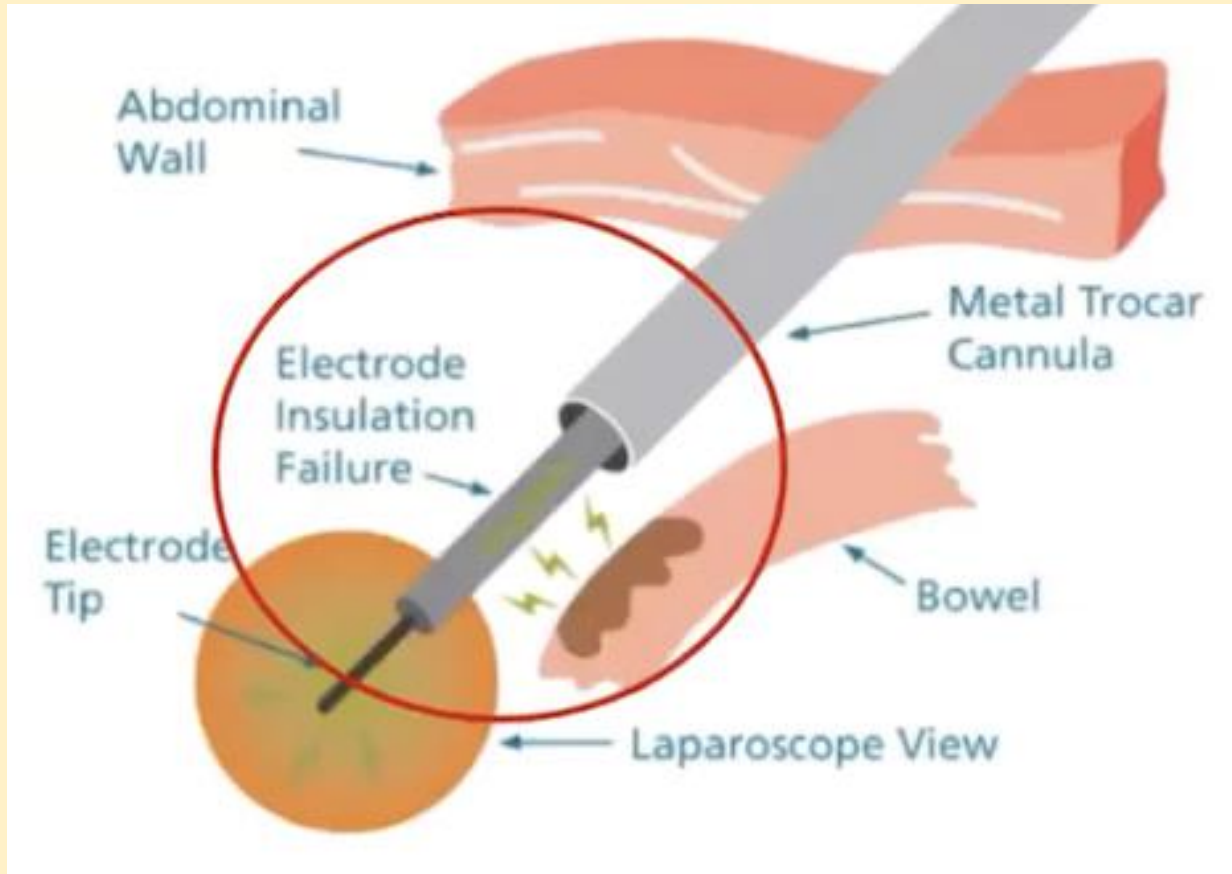
**Direct coupling**

**Capacitive coupling**

**Alternate site injuries**

# Current Diversion

## Insulation failure



## Direct coupling

Occurs when one conductive element of the circuit touches or arcs to an instrument outside the intended circuit.

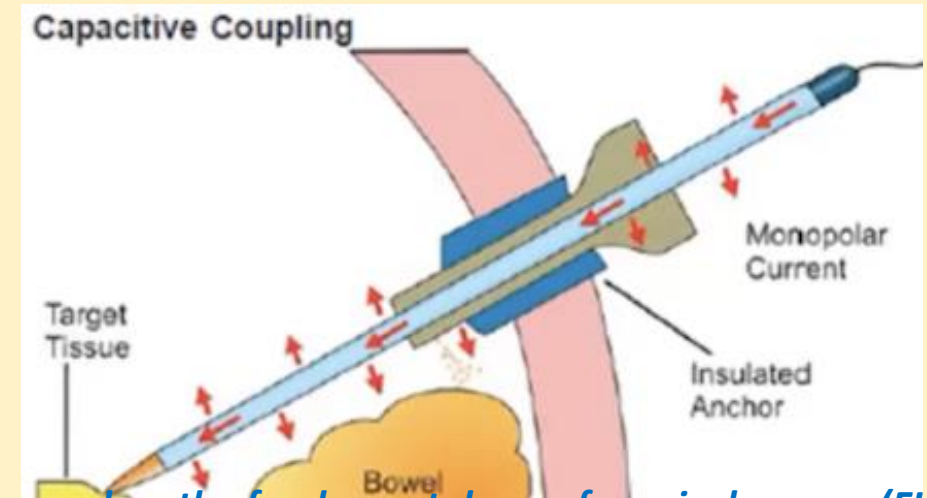
- ✓ Often utilized intentionally (e.g. coagulation)
- ✓ Potential risk when
  - ✓ *current directed towards non-target tissues*
  - ✓ *instruments not completely/ always in view (e.g. laparoscopy)*
- ✓ **Metal-to-metal arcing**
  - ✓ Direct coupling between the active electrode and any metal (instrument, clip, etc)
- ✓ **Beware of staple lines**

## Capacitive coupling

**Capacitor:** two conductors separated by an insulator or dielectric

**Capacitive coupling:** the stored electrical charge within the capacitor

- ✓ **↑ voltage, ↑ power setting**
- ✓ **"open" activation**
- ✓ **Activation over previously desiccated tissue (↑ impedance)**



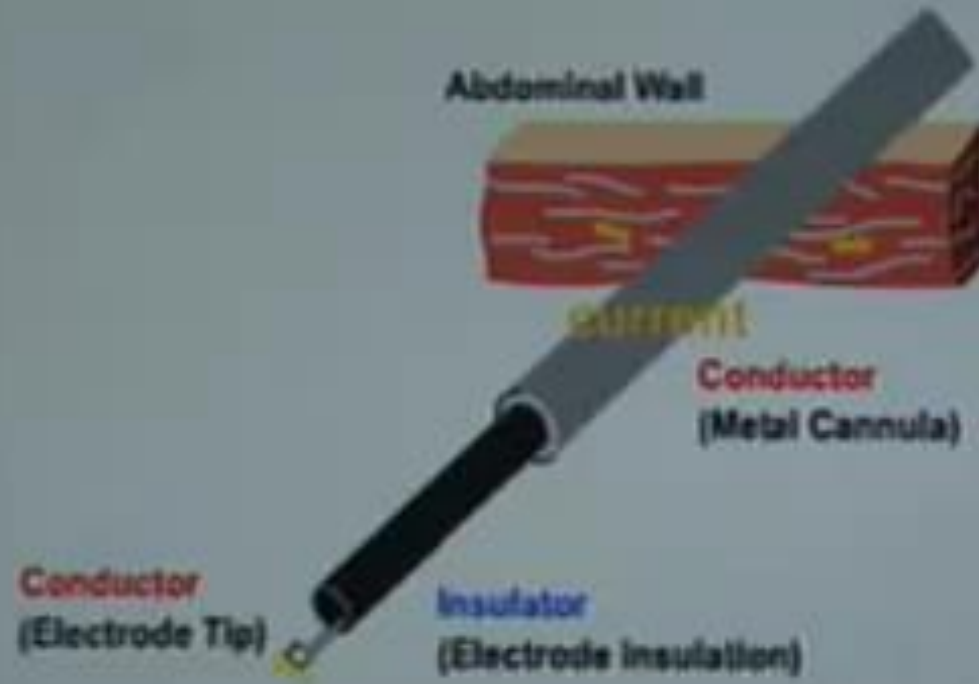
## Alternate site injuries

- ✓ Beware of patient in contact with metal objects
- ✓ Risk of skin burns



# Injuries

play animation



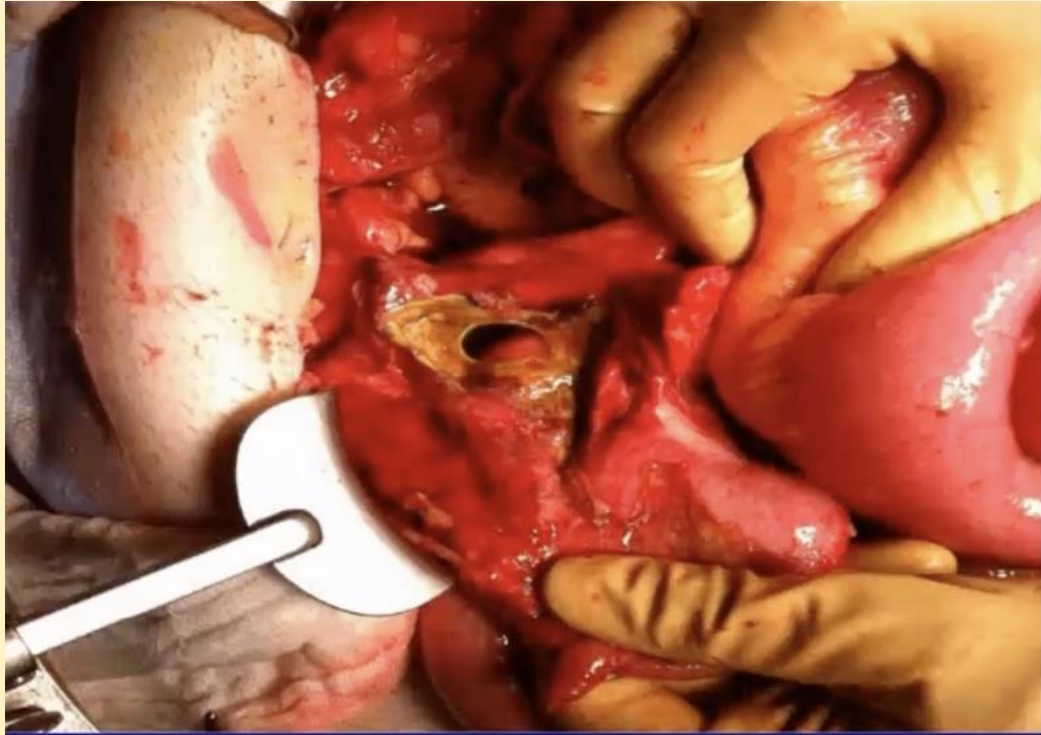




# Injuries



# Injuries



1. Nduka CC et al. Cause and prevention of electrosurgical injuries in laparoscopy. 1994 J Am Coll Surg 179:161-170
2. Market engineering research for the U. S. market for general surgery laparoscopy access and closure instruments. Medical and Healthcare Marketplace Guide. 1999. Frost and Sullivan, London, UK

# Injuries



Lauren Wargo  
May 23, 2010



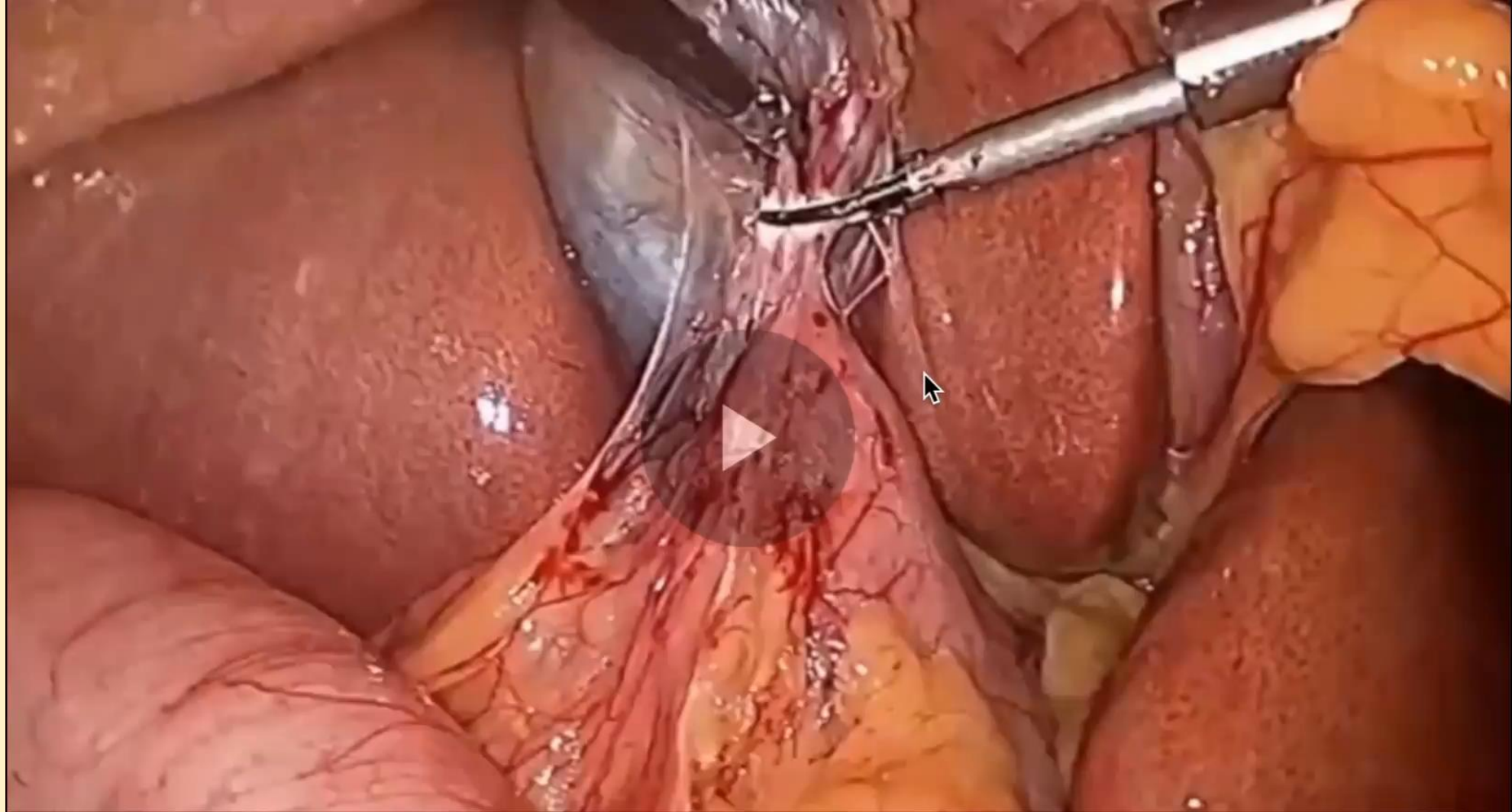
Cleveland Plain Dealer



NBC Today Show: Nov 2011



# Injuries



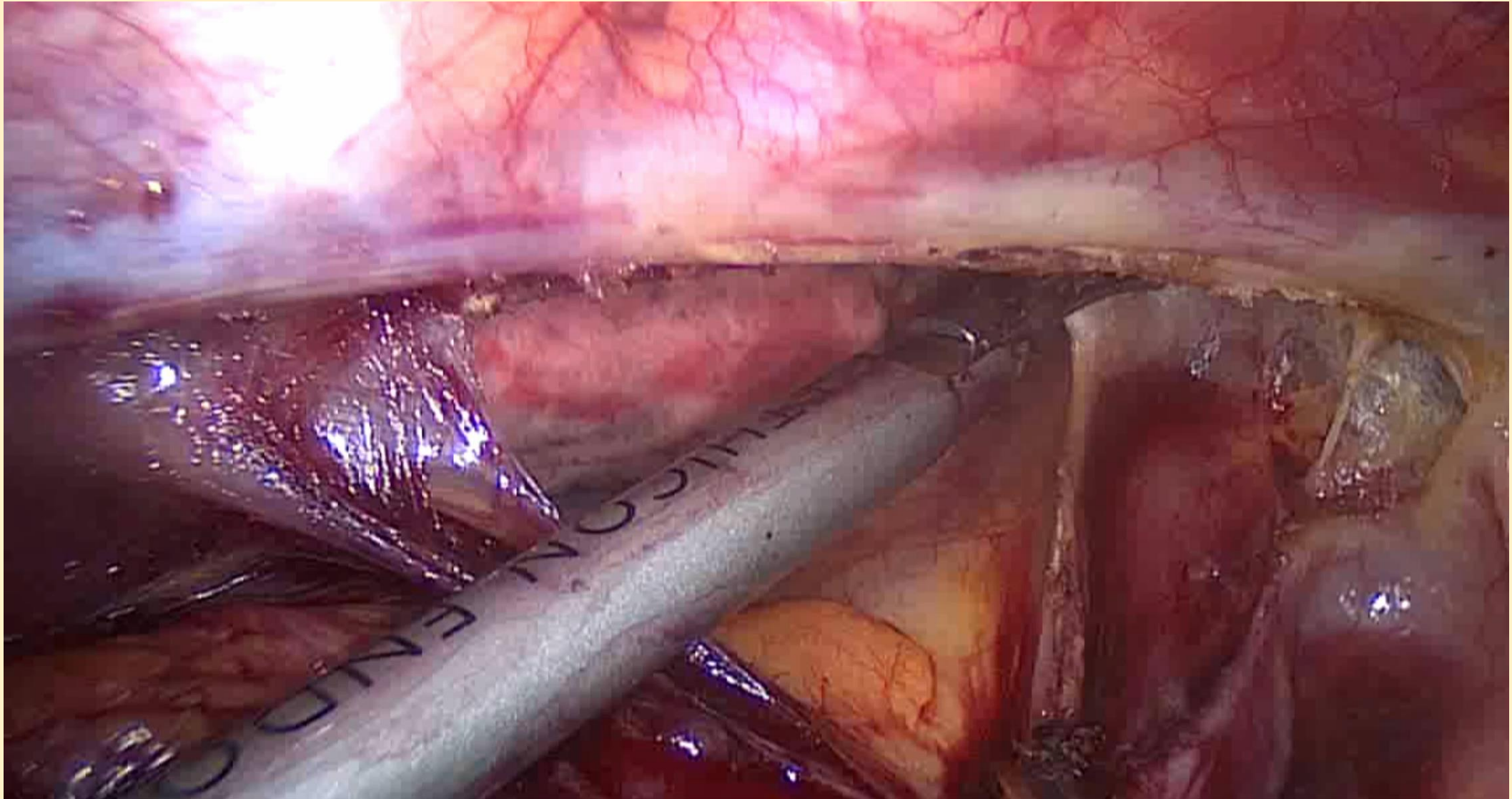
# Injuries



Τραβήξτε προς το πάνω για



# Ultrasonic Energy Systems





**Which of the following is most likely to lead to a complication when using radiofrequency ablation on a liver lesion:**

- A. Injury of the operator due to capacitive coupling**
- B. Injury to the skin due to direct coupling**
- C. Injury due to malignant hyperthermia**
- D. Injury to adjacent structures due to heat**

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## The "coagulation" mode on the electrosurgical unit:

- A. Uses an interrupted high voltage waveform**
- B. Uses a continuous low voltage waveform**
- C. Uses an interrupted low voltage waveform**
- D. Uses a continuous high voltage waveform**

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**All of the following conditions are desirable during bipolar electrical surgery, except:**

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- B. Elimination of the tissue cooling via obstruction of continued blood flow**
- C. Electrical bypass via tissue compression**
- D. Localized cellular and tissue heating**

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**If a bipolar device becomes adherent to the target tissue, the operator should:**

- A. Increase the power output of the ESU unit in order to evaporate the adhered layer of tissue**
- B. Turn off the ESU and peel the jaws of the bipolar device from the adhered tissue**
- C. Repeatedly open and close the bipolar device jaws until the tissue is dislodged**
- D. Reactivate the bipolar device under irrigation to create steam bubbles**



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**Which of the following are true:**

- A. Bipolar electrosurgery is radiofrequency**
- B. Monopolar electrosurgery is radiofrequency**
- C. Both**
- D. Neither**

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**Ευχαριστώ!**